

# Monday, April 28, 2025

# Adult Basketball

Date and Time: Monday, April 28 9:00 am - 11:00 am

Address: 100 Meridian Way

Learn more about Adult Basketball here.

# **Family Music Time**

Date and Time: Monday, April 28 11:00 am - 12:00 pm

Address: 100 Meridian Way

Learn More about Family Music Time here.

# Pickleball - All Levels

Date and Time: Monday, April 28 12:30 pm - 2:30 pm

Address: 100 Meridian Way

Learn more about Pickleball Here.

# **Adult Only Skate**

Date and Time: Monday, April 28 2:30 pm - 3:20 pm

Address: 100 Meridian Way

Learn more about Adult Only Skate here.

# 6-12 Stick & Puck

Date and Time: Monday, April 28 3:30 pm - 4:20 pm Address: 100 Meridian Way Learn more about Stick & Puck here.

#### Lift & Sweat

Date and Time: Monday, April 28 7:00 pm - 8:00 pm Address: 100 Meridian Way Learn more about Lift & Sweat here.

#### Women's Shinny

Date and Time: Monday, April 28 8:00 pm - 8:50 pm Address: 100 Meridian Way Learn More about Shinny Here.

#### Pickleball - All Levels

Date and Time: Monday, April 28 8:30 pm - 10:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

# **Pickleball - Beginner**

Date and Time: Monday, April 28 8:30 pm - 10:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

# **Men's Shinny**

Date and Time: Monday, April 28 9:00 pm - 9:50 pm Address: 100 Meridian Way

Learn more about Men's Shinny here.

# Tuesday, April 29, 2025

# **Pickleball - Competitive**

Date and Time: Tuesday, April 29 8:00 am - 10:00 am Address: 100 Meridian Way Learn more abut Pickleball here.

# Zumba

Date and Time: Tuesday, April 29 9:30 am - 10:30 am Address: 100 Meridian Way <u>Learn More Here.</u>

# Walking/Sitting Meditation

Date and Time: Tuesday, April 29 10:00 am - 11:00 am Address: 100 Meridian Way

# Men's 60+ Shinny

Date and Time: Tuesday, April 29 10:00 am - 10:50 am Address: 100 Meridian Way Learn more about Shinny here.

# Pickleball - All Levels

Date and Time: Tuesday, April 29 10:30 am - 12:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

# **Chair Yoga**

Date and Time: Tuesday, April 29 11:15 am - 12:15 pm

Address: 100 Meridian Way

Learn more about Chair Yoga here.

### **Drop-In Volleyball**

Date and Time: Tuesday, April 29 12:15 pm - 2:15 pm

Address: 100 Meridian Way

Learn more about Drop-In Volleyball here.

# 13-17 Stick & Puck

Date and Time: Tuesday, April 29 4:00 pm - 4:50 pm

Address: 100 Meridian Way

Learn more about Stick & Puck here.

# Wednesday, April 30, 2025

# Mom & Tot Fitness

Date and Time: Wednesday, April 30 9:30 am - 10:30 am

Address: 100 Meridian Way

Learn more about Mom & Tot Fitness here.

# Women's Shinny

Date and Time: Wednesday, April 30 10:00 am - 10:50 am

Address: 100 Meridian Way

Learn more about Shinny here.

# **Pickleball - Competitive**

Date and Time: Wednesday, April 30 11:15 am - 1:15 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

# **Pickleball - Beginner**

Date and Time: Wednesday, April 30 1:30 pm - 3:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

#### **Drop-In Mahjongg**

Date and Time: Wednesday, April 30 1:30 pm - 4:00 pm Address: 100 Meridian Way

#### Pickleball - All Levels

Date and Time: Wednesday, April 30 1:30 pm - 3:30 pm Address: 100 Meridian Way Learn more about Pickleball here.

# **Drop-In Family Gym**

Date and Time: Wednesday, April 30 4:00 pm - 5:00 pm

Address: 100 Meridian Way

#### **Drop-In Step**

Date and Time: Wednesday, April 30 5:30 pm - 6:30 pm Address: 100 Meridian Way Learn more Drop-In Step here.

#### Hatha Yoga

Date and Time: Wednesday, April 30 7:00 pm - 8:00 pm

Address: 100 Meridian Way

Learn more Hatha Yoga here.

#### **Pickleball - Competitive**

Date and Time: Wednesday, April 30 8:30 pm - 10:30 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

# Thursday, May 1, 2025

# **Pickleball - Competitive**

Date and Time: Thursday, May 1 8:00 am - 10:00 am Address: 100 Meridian Way Learn more abut Pickleball here.

### **Parent and Preschool Skate**

Date and Time: Thursday, May 1 10:00 am - 10:50 am

Address: 100 Meridian Way

Learn more about Parent & Preschool Skate here.

# **Tiny Tots Gym**

Date and Time: Thursday, May 1 10:30 am - 12:00 pm

Address: 100 Meridian Way

Learn more about Tiny Tots Gym here.

# **Chair Yoga**

Date and Time: Thursday, May 1 11:15 am - 12:15 pm

Address: 100 Meridian Way

Learn more about Chair Yoga here.

# FlexAgility

Date and Time: Thursday, May 1 12:45 pm - 1:45 pm

Address: 100 Meridian Way

Learn more about FlexAgility here.

# **Pelham Farmers Market**

Date and Time: Thursday, May 1 4:00 pm - 9:00 pm

Address: 20 Pelham Town Square

When: Every Thursday from May to October, 2025

*Thursday, May 1st, 2025 - Thursday, October 9th, 2025* Where: Municipal Parking Lot, 20 Pelham Town Square, Fonthill Time: 4 p.m. - Dusk

Follow us on Social Media: Facebook or Instagram

@PelhamFarmersMarket

The Market features Pelham's best produce, the food is fresh, high in quality and the next best thing to harvestin g it yourself. Come out and speak with the people who've grown the food you'll eat, a great outing for the whol e family. Operating Thursdays from 4 - Dusk in the municipal building parking lot at 20 Pelham Town Square, t he market offers a variety of vendors sure to satisfy all your cravings!

"From our gate... to your plate" May to October



#### **Yogalates**

Date and Time: Thursday, May 1 5:30 pm - 6:30 pm

Address: 100 Meridian Way

Learn more about Yogalates here.

# Friday, May 2, 2025

# **Pickleball - Beginner**

Date and Time: Friday, May 2 8:30 am - 10:30 am

Address: 100 Meridian Way

Learn more about Pickleball here.

# **Men's Shinny**

Date and Time: Friday, May 2 9:00 am - 9:50 am Address: 100 Meridian Way Learn more about Men's Shinny here.

### **Free Drop-In Bridge**

Date and Time: Friday, May 2 10:00 am - 12:00 pm Address: 100 Meridian Way

# Men's 60+ Shinny

Date and Time: Friday, May 2 10:00 am - 10:50 am Address: 100 Meridian Way Learn more about Shinny here.

#### **Drop-In Volleyball**

Date and Time: Friday, May 2 10:30 am - 1:00 pm Address: 100 Meridian Way

Learn more about Drop-In Volleyball here.

#### Zumba

Date and Time: Friday, May 2 12:00 pm - 1:00 pm Address: 100 Meridian Way

#### **Orchestrum Music**

Date and Time: Friday, May 2 1:00 pm - 3:00 pm Address: 100 Meridian Way

#### **Pickleball - All Levels**

Date and Time: Friday, May 2 2:00 pm - 4:00 pm

Address: 100 Meridian Way

Learn more about Pickleball here.

# 18+ Stick & Puck

Date and Time: Friday, May 2 4:30 pm - 5:20 pm

Address: 100 Meridian Way

Learn more about 18+ Stick & puck here.

# Saturday, May 3, 2025

# **Adult Ticket Ice**

Date and Time: Saturday, May 3 6:30 pm - 7:20 pm

Address: 100 Meridian Way

Learn more about Adult Ticket Ice here.

# **Public Skating**

Date and Time: Saturday, May 3 7:30 pm - 8:50 pm

Address: 100 Meridian Way

Learn more about Public Skating here.

https://event.pelham.ca